

भारत सरकार  
भारत मौसम विज्ञान विभाग  
(पृथ्वी विज्ञान मंत्रालय)  
मौसम केन्द्र  
विकासभवन पीओ  
तिरुवनंतपुरम - 695 033



GOVERNMENT OF INDIA  
INDIA METEOROLOGICAL  
DEPARTMENT  
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21.02.2024

**MAXIMUM TEMPERATURE WARNING YELLOW WARNING**

**Maximum temperatures are very likely to be around 37°C in Kollam, Kottayam, & Palakkad districts and around 36 °C in Alappuzha, Ernakulam, Thrissur, Kozhikode & Kannur districts (2 to 3°C above normal) on 21.02.2024 & 22.02.2024.**

**Hot & Discomfort weather is very likely over these districts except in hilly areas on 21.02.2024 & 22.02.2024 (Yellow Warning) due to High Temperature and humid air.**

**Impacts expected**

Such weather is of health concern for vulnerable people e.g. infants, the elderly, people with chronic diseases, and people exposed to the sun for prolonged periods or doing heavy work.

**Action suggested**

1. *Avoid prolonged heat exposure.*
2. *Drink sufficient water- even if not thirsty to avoid dehydration.*
3. *Schedule strenuous jobs to cooler times of the day.*
4. *Increasing the frequency and length of rest breaks for outdoor activities.*
5. *Pregnant workers and workers with medical conditions should be given additional attention.*
6. *Caution workers to avoid direct sunlight from 11 AM – 3 PM*
7. *Keep the cattle indoors between 11 AM and 3 PM*

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